

What Medications Should I Take & Not Take Before My Surgery?

Blood Thinners

Blood Thinners may need to be HELD for some surgeries.

Plavix (clopidogrel)
Coumadin (warfarin)
Eliquis
Brilinta

Effient
Xarelto
Aspirin

If you take a Blood Thinner, talk to your surgeon to find out if he/she would like you to HOLD it. If so, consult the prescriber (usually the PCP or cardiologist) who will tell you if it is safe to stop the Blood Thinner, how long to stop the Blood Thinner, and when to restart the Blood Thinner.

Blood Pressure Medications

If you are taking medications to manage your Blood Pressure, please **CONTINUE** them without interruption. If you are due for Blood Pressure Medications the morning of surgery, please TAKE them with a *small sip of water*.

ADHD/ADD Medications

Please **DO NOT TAKE** your ADHD/ADD meds on the day of surgery.

Inhalers & Seasonal Allergy Medications

If you use an Inhaler, please **CONTINUE** to use as you normally do. If you have a "Rescue Inhaler", **BRING** that to the Waterbury Surgery Center when you come. If you are taking a Seasonal Allergy Medication, you may **TAKE** that the day of surgery as well with a *small sip of water*.

Diabetes/Weight Loss Medications/Phentermine

Oral Diabetes Medications **SHOULD NOT BE TAKEN** *the day of* surgery. You may resume them after surgery when you are eating again.

Insulin Pump users SHOULD CONTINUE to wear their pump, but **CUT BACK** on rate the night before and day of surgery when you are not eating. Patients taking Injectable Insulin should also **CUT BACK** on the dose the night before. Please ask your PCP what dose to take the night before surgery. If you are unable to reach your PCP, you may call WSC and ask to speak to Anesthesia.

Weight Loss/GLP-1/Diabetes Injectable Medications **CAN BE TAKEN** prior to surgery.

Wegovy
Rybelsus
Trulicity
Byetta

Saxenda
Mounjaro
Tanzeum
Zepbound

Ozempic
Bydureon
Victoza

These medications are a concern for surgery because they can make food leave the stomach more slowly and **increase your risk of vomiting and aspiration during anesthesia**. If you take any of these medications, please

CONSUME CLEAR LIQUIDS ONLY THE DAY BEFORE

surgery to reduce the amount of food that may be still be in your stomach the day of surgery. Clear liquid drinks can include sugar/carbohydrates to help keep your blood sugar levels normal. (Apple juice, soda, etc)

PHENTERMINE **SHOULD NOT** be taken for *a week before* surgery. Taking this medication causes blood pressures to become dangerously low during anesthesia. Your surgery **MAY BE CANCELLED** if your Phentermine dose is too close to the time of surgery.